



Johnson County Community College  
Academic Program Map for Transfer to  
University of Central Missouri  
**Kinesiology, BS**  
2023-2024 Catalog

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<https://www.ucmo.edu/academics/programs/majors/chst/nutrition-kinesiology-and-health/kinesiology/degree-in-kinesiology/index.php>

The Associate of Arts degree (A.A.) at JCCC is a general transfer degree and partners well with the first two years of most bachelor degree programs. Students who transfer to UCM with an Associate of Arts degree are considered to have met all 42 hours of UCM's General Education requirements, with the exception of Major/Minor-Required General Education courses and the Constitution Requirement. (See the [UCM General Education Program guide](#) for details.) The elective hours within the A.A. allow students to complete additional general education and lower division courses required for specific majors/minors.

Students who transfer to UCM without a degree (or a degree other than an AA) will have all coursework evaluated on a course-by-course basis. JCCC students not completing the AA degree should refer to the tables in the [UCM General Education Program guide](#) for course equivalents and also the UCM catalog for any specific or additional General Education requirements for their UCM program of study.

NOTE: Courses taken to fulfill General Education requirements may not be taken on the pass/fail basis.

Students should be cognizant of UCM's Upper-Level Course Requirement and Residence Requirement, especially if enrolling in more than 60 hours at JCCC. Please refer to the [UCM General Education Program guide](#) for details.

NOTE: The UCM General Education guide can be found at: <https://www.jccc.edu/student-resources/transfer/files/transfer-guides/ucmo-general-ed.pdf>

The Kinesiology, BS degree requires a minimum of 120 credit hours.

**It is the STUDENT'S RESPONSIBILITY to check for updates to all transfer information. This academic program map for transfer is provided as a service and is updated as needed. Degree requirements at the four-year colleges are subject to change by those institutions. To ensure you have the most accurate up to date information about the program, it is imperative you meet with an advisor at the transfer institution.**

**GENERAL EDUCATION REQUIREMENTS FOR THIS DEGREE Grade of "C" or better required.**

UCM Course	Hrs	JCCC Equivalents	Hrs
CHEM 1104 Introduction to the Sciences: Chemistry GE ( <i>Areas 1, 2, 3, 4</i> )	4	CHEM 122 Principles of Chemistry*	5
CHEM 1131 General Chemistry I GE ( <i>Area 5</i> )	5	CHEM 124/125 General Chemistry I*/Lab*	4/1
CIS 1600 Business Information Management GE ( <i>Area 2</i> )	3	CIS 124 Introduction to Computer Concepts and Applications <b>OR</b> CSS 128 PC Applications: MS Office	3 3
ECON 1010 Principles of Macroeconomics GE ( <i>Area 2</i> )	3	ECON 230 Principles of Macroeconomics	3
HLTH 1100 Personal Health GE ( <i>Area 3</i> )	3	HPER 202 Personal Community Health	3
MATH 1111 College Algebra GE ( <i>All areas</i> )	3	MATH 171 College Algebra*	3
PHIL 2300 Ethics GE ( <i>Areas 3, 4, 5</i> )	3	PHIL 143 Ethics	3
PHYS 1101 College Physics I GE ( <i>Area 5</i> )	4	PHYS 130 College Physics I*	5
PHYS 1104 Introduction to the Sciences: Physics GE ( <i>Areas 1, 2, 3, 4</i> )	4	No equivalent	--
PSY 1100 General Psychology GE ( <i>All areas</i> )	3	PSYC 130 Introduction to Psychology	3
PSY 3220 Life-Span Development GE ( <i>Areas 3, 4, 5</i> )	3	PSYC 218 Human Development*	3
SOC 1800 Introduction to Sociology GE ( <i>Area 4</i> )	3	SOC 122 Introduction to Sociology	3

**KINESIOLOGY MAJOR REQUIREMENTS (67-81 hours) Grade of "C" or better required.**

UCM Course	Hrs	JCCC Equivalents	Hrs
<b>Core (44 hours)</b>			
BIOL 3401 Human Anatomy	3	BIOL 140 Human Anatomy	4
BIOL 3402 Human Physiology	5	BIOL 225 Human Physiology*	4
D&N 3340 Nutrition	3	BIOL 235 The Science of Human Nutrition*	3
Additional requirements for this major must be taken at UCM.			
<b>Select one of the 5 Areas (23-37 hours): Exercise Science; Corporate Fitness; Pre-Athletic Training; Pre-Occupational Therapy or Pre-Physical Therapy</b>			
<b>Area 1 – Exercise Science (23 hours)</b>			
CHEM 1104 Introduction to the Sciences: Chemistry GE	4	CHEM 122 Principles of Chemistry*	5
Additional requirements for this major must be taken at UCM.			
<b>Area 2 – Corporate Fitness (35 hours)</b>			
ACCT 1101 Foundations of Financial Reporting	3	ACCT 121 Accounting I <b>AND</b> ACCT 122 Accounting II*	3 3
BLAW 2720 Legal Environment of Business	3	BLAW 261 Business Law I*	3
CHEM 1104 Introduction to the Sciences: Chemistry GE	4	CHEM 122 Principles of Chemistry*	5
CIS 1600 Business Information Management GE	3	CIS 124 Introduction to Computer Concepts and Applications <b>OR</b> CSS 128 PC Applications: MS Office	3
ECON 1010 Principles of Macroeconomics	3	ECON 230 Principles of Macroeconomics	3
Additional requirements for this major must be taken at UCM.			

UCM Course	Hrs	JCCC Equivalents	Hrs
<b>Area 3 – Pre-Athletic Training (33 hours)</b>			
BIOL 1112 Animal Biology	4	BIOL 127 General Zoology OR BIOL 150 Biology of Organisms*	5
CHEM 1104 Introduction to the Sciences: Chemistry GE	4	CHEM 122 Principles of Chemistry*	5
HLTH 1100 Personal Health GE	3	HPER 202 Personal Community Health	3
PHIL 2300 Ethics GE	3	PHIL 143 Ethics	3
PSY 3220 Life-Span Development GE	3	PSYC 218 Human Development*	3
Additional requirements for this major must be taken at UCM.			
<b>Area 4 – Pre-Occupational Therapy (30 hours)</b>			
BIOL 1112 Animal Biology	4	BIOL 127 General Zoology OR BIOL 150 Biology of Organisms*	5
BIOL 3215 Medical Terminology	3	HC 130 Medical Terminology for Healthcare Professions	3
CHEM 1104 Introduction to the Sciences: Chemistry GE	4	CHEM 122 Principles of Chemistry*	5
PHIL 2300 Ethics GE	3	PHIL 143 Ethics	3
PSY 3220 Life-Span Development GE	3	PSYC 218 Human Development*	3
SOC 1800 Introduction to Sociology GE	3	SOC 122 Introduction to Sociology	3
Additional requirements for this major must be taken at UCM.			
<b>Area 5 – Pre-Physical Therapy (37 hours)</b>			
BIOL 3215 Medical Terminology	3	HC 130 Medical Terminology for Healthcare Professions	3
BIOL 1112 Animal Biology	4	BIOL 127 General Zoology OR BIOL 150 Biology of Organisms*	5
CHEM 1131 General Chemistry I GE	5	CHEM 124/125 General Chemistry I*/Lab*	4/1
CHEM 1132 General Chemistry II	5	CHEM 131/132 General Chemistry II*/Lab*	4/1
PHIL 2300 Ethics GE	3	PHIL 143 Ethics	3
PHYS 1101 College Physics I GE	4	PHYS 130 College Physics I*	5
PHYS 1102 College Physics II	4	PHYS 131 College Physics II*	5
PSY 3220 Life-Span Development GE	3	PSYC 218 Human Development*	3
Additional requirements for this major must be taken at UCM.			

\* JCCC course has a prerequisite or corequisite.

#### FREE ELECTIVES PER AREA:

UCM Course	Hrs
Area 1 – Exercise Science	18
Area 2 – Corporate Fitness	11
Area 3 – Pre-Athletic Training	17
Area 4 – Pre-Occupational Therapy	20
Area 5 – Pre-Physical Therapy	10